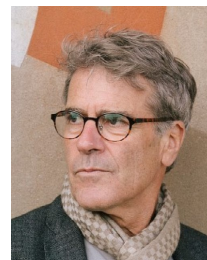


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Short presentation

ResearcherID: P-7070-2014
Scopus ID: 6603126228
Professor of sport and coaching psychology. PhD in Psychology
Accred. coaching psychologist (ISCP)
Teaching and supervision in some of the following areas:

Coaching
Life style change
Identity
Learning
Motivation
Leadership
Talent development

Qualifications

Psychology, PhD, Department of Psychology
Award Date: 6 Oct 1994

Employment

Professor

Sport, Individual & Society
København N.
31 Jul 1987 → nu

Professor

Sport, Individual & Society
København N.
1 Aug 1987 → 31 Dec 2024

Visiting professor

Copenhagen Business School
København, Denmark
1 Sep 2009 → nu

Prizes

Best lecture - Ekeberger Coachingtage
Stelter, Reinhard (Recipient), Jun 2011

Certificate of Appreciation - Institute of Coaching at Harvard
Stelter, Reinhard (Recipient), 14 Oct 2017

Coaching Book of the Year 2019 for "The Art of Dialogue in Coaching"
Stelter, Reinhard (Recipient), 18 Oct 2019

Employee of the Year
Stelter, Reinhard (Recipient), Dec 2003

European Federation of Sport Psychology: Diploma "in recognition of his eight year grand contribution as former member of the Managing Council to the development of FEPSAC and sport and exercise psychology in Europe".
Stelter, Reinhard (Recipient), 8 Sep 2007

Founding Fellow: Appointed "Founding Fellow" of Institute of Coaching Professional Association
Stelter, Reinhard (Recipient), 1 Jan 2011

German Karl-Hofmann prize for PhD dissertations (2nd prize)
Stelter, Reinhard (Recipient), 16 May 1996

Research outputs

2024

Coachingens fremtid
Stelter, Reinhard, 2024, (In preparation) Content Publishing.

2023

A new purpose for Socratic questioning in coaching
De Dominicis, Stefano & Stelter, Reinhard, 2023, In: Philosophy of Coaching: An International Journal . 8, 1, p. 21-32 12 p.

2022

The effects on mental health of group coaching following a physical activity intervention for women undergoing menopause
De Dominicis, Stefano, Elsborg, P., Andersen, V. & Stelter, Reinhard, May 2022, (Submitted) In: Health Promotion International.

2021

Supporting self-concept in school settings targeting migrant background boys
Ryom, K., Wikman, J. M. & Stelter, Reinhard, 2021, In: Scandinavian Journal of Educational Research. 65, 4, p. 676-692 17 p.

2020

Motionsfodbold og medborgerskab: Fodbold og samskabelse som ramme for udvikling og medborgerskab hos udsatte drenge
Ryom, K. & Stelter, Reinhard, 2020, In: Forum for Idræt. 35, 1, p. 71-82 12 p.

2019

Coaching als Mitmenschliche Begegnung: Die Kunst zu Verweilen

Stelter, Reinhard & Böning, U., 2019, Wiesbaden: Springer. 183 p.

God udeskoleundervisning - en caseanalyse fra lærerens perspektiv

Barfod, K. S. & Stelter, Reinhard, 2019, In: Nordisk Tidsskrift for Allmän Didaktik. 5, 1, p. 19-35 17 p.

Motionsfodbold og medborgerskab: Fodbold og samskabelse som ramme for udvikling af medborgerskab hos udsatte drenge

Ryom, K. & Stelter, Reinhard, 2019, In: Forum for Idræt. 34, p. 90-104 15 p.

The Art of Dialogue in Coaching: Towards Transformative Exchange

Stelter, Reinhard, 2019, New York, NY: Routledge. 149 p. (Coaching Psychology).

"Jeg ved godt, hvad jeg burde gøre, jeg kan bare ikke": Sundere livsstil gennem narrativ-samskabende coaching

Hansen, T., Jensen, C. S., Nielsen, A. S. & Stelter, Reinhard, 2019, In: Coaching Psykologi - The Danish Journal of Coaching Psychology. 8, 1, 14 p., 3630.

2018

Translation to Korean: A Guide to third generation coaching: Narrativ-collaborative theory and practice

Stelter, Reinhard, Jun 2018, Seoul: Korean Coaching Supervision Academy. 456 p.

Coaching for health and lifestyle change: Theory and guidelines for interacting and reflecting with women about their challenges and aspirations

Stelter, Reinhard & Andersen, V., 2018, In: International Coaching Psychology Review. 13, 1, p. 61-71 11 p.

"Jeg prøvede så mange forskellige slankekure, nu vil jeg gøre det anderledes" – Et single-casestudie af coaching til vægttab

Stelter, Reinhard, 2018, In: Scandinavian Journal of Sport and Exercise Psychology. 1, 1, p. 1-10 10 p.

2017

Coaching at-risk youth in a school within a socially challenging environment

Ryom, K. E., Maar Andersen, M. & Stelter, Reinhard, 2017, In: Improving Schools. 20, 2, p. 143-160 18 p.

Effects of a team building intervention on social cohesion in adolescent elite football players

Wikman, J. M., Stelter, Reinhard, Petersen, N. K. & Elbe, A., 2017, In: Swedish Journal of Sport Research.

2016

Kunsten at dvæle i dialogen: Kvalificering af professionelle hverdagsdialoger gennem tredje generations coaching

Stelter, Reinhard, 11 Oct 2016, Copenhagen : Dansk Psykologisk Forlag. 231 p.

Effects of a school-based relaxation intervention on recovery in young elite athletes in high school

Wikman, J. M., Ryom, K. E., Stelter, Reinhard & Elbe, A., 2016, In: Sport Science Review. XXV, 3-4, p. 199-224 26 p.

2015

Motivation til studie gennemførelse: Er coaching svaret?

Paaske Nielsen, L. & Stelter, Reinhard, 2015, In: Coaching Psykologi : the Danish Journal of Coaching Psychology. 4, 1, p. 47-62 16 p.

"I tried so many diets, now I want to do it differently": A single case study on coaching for weight loss

Stelter, Reinhard, 2015, In: International Journal of Qualitative Studies on Health and Well-Being. 10, 13 p., 26925.

2014

A guide to third generation coaching: narrative-collaborative theory and practice

Stelter, Reinhard, 2014, Dordrecht: Springer Science+Business Media. 250 p.

Effect of workplace- versus home-based physical exercise on pain in healthcare workers: study protocol for a single blinded cluster randomized controlled trial

Jakobsen, M. D., Sundstrup, E., Brandt, M., Kristensen, A. Z., Andersen, K. J., Stelter, Reinhard, Lavendt, E., Aagaard, P. & Andersen, L. L., 2014, In: B M C Musculoskeletal Disorders. 15, 9 p., 119.

Effects of goal setting on fear of failure in young elite athletes

Wikman, J. M., Stelter, Reinhard, Melzer, M., Hauge, Marie-Louise Trier & Elbe, A., 2014, In: International Journal of Sport and Exercise Psychology. 12, 3, p. 185-205 21 p.

Gruppecoaching og inklusion af udsatte drenge i skolen

Ryom, K. E., Stelter, Reinhard & Plantholm, L., 2014, In: Kvan - et tidsskrift for læreruddannelsen og folkeskolen. 34, 100, p. 78-90 13 p.

Third generation coaching: reconstructing dialogues through collaborative practice and a focus on values

Stelter, Reinhard, 2014, In: International Coaching Psychology Review. 9, 1, p. 51-66 16 p., 93652248.

2013

Tales from the future: A narrative investigation of the imagined career paths in young athletes

Mortensen, J. R., Henriksen, K. & Stelter, Reinhard, 2013, In: Sport Science Review. 22, 5-6, p. 305-327 23 p.

2012

Tredje generations coaching: En guide til narrativ-samskabende teori og praksis

Stelter, Reinhard, 2012, København: Dansk Psykologisk Forlag. 319 p.

Tredje generations coaching: – en invitation til nytænkning og faglig udvikling

Stelter, Reinhard, 2012, In: Coaching Psykologi - The Danish Journal of Coaching Psychology. 2, 1, p. 11-25 15 p.

2011

Mellem social kreativitet og sportslige kompetenser: En analyse af børns bevægelsesaktiviteter i et kulturpsykologisk perspektiv

Nielsen, Glen & Stelter, Reinhard, 12 Oct 2011, In: idrottsforum.org. p. 1-16 16 p.

Narrative-collaborative group coaching develops social capital: a randomised control trial and further implications of the social impact of the intervention

Stelter, Reinhard, Nielsen, Glen & Wikman, J. M., 25 Jul 2011, In: Coaching: An International Journal of Theory, Research and Practice. 4, 2, p. 123-137 15 p.

Narrativ-samskabende gruppecoaching udvikler social kapital: Kvantitative og kvalitative resultater understreger interventionens sociale indvirkning

Stelter, Reinhard, Nielsen, Glen & Wikman, J. M., 2011, In: Coaching Psykologi - The Danish Journal of Coaching Psychology. 1, 1, p. 67-77 11 p.

2010

Coaching - narrative-collaborative practice

Stelter, Reinhard & Law, H., 2010, In: International Coaching Psychology Review. 5, 2, p. 152-164 13 p.

Experience-based, body-anchored qualitative research interviewing

Stelter, Reinhard, 2010, In: Qualitative Health Research. 20, 6, p. 859-867 9 p.

Experiencing flow in different types of physical activity intervention programs: three randomized studies

Elbe, A., Strahler, K., Krstrup, P., Wikman, J. & Stelter, Reinhard, 2010, In: Scandinavian Journal of Medicine & Science in Sports. 20, Suppl. 1, p. 111-117 7 p.

2009

Coaching Barometret 2009: En foreløbig oversigt over coachingens udbredelse og anvendelse i Danmark

Witrock, C., Didriksen, V. & Stelter, Reinhard, 2009, In: Personale Chefen. 6, p. 1-16 16 p.

Coaching as a reflective space in a society of growing diversity - towards a narrative, postmodern perspective

Stelter, Reinhard, 2009, In: International Coaching Psychology Review. 4, 2, p. 209-219 11 p.

Experiencing mindfulness meditation - a client narrative perspective

Stelter, Reinhard, 2009, In: International Journal of Qualitative Studies on Health and Well-Being. 4, 3, p. 145-158 14 p.

2008

Gypsy or hedgehog? Movement, energy and change in dance therapeutic processes in Dansergia

Winther, Helle & Stelter, Reinhard, 2008, In: Body, Movement and Dance in Psychotherapy: An International Journal for Theory, Research and Practice. 3, 1, p. 45-56 12 p.

2007

Coaching: a process of personal and social meaning making

Stelter, Reinhard, 2007, In: International Coaching Psychology Review. 2, 2, p. 191-201 11 p.

Mindfulness i et kropsårvågenheds perspektiv

Stelter, Reinhard, 2007, In: idrottsforum.org. 9 p.

Regaining a sense of agency and shared self-reliance: The experience of advanced disease cancer patients participating in a multidimensional exercise intervention while undergoing chemotherapy - analysis of patient diaries

Midgaard, Julie, Stelter, Reinhard, Rørth, M. R. & Adamsen, L. Ø., 2007, In: Scandinavian Journal of Psychology. 48, 2, p. 181-190 10 p.

2006

Sich-Bewegen - auf den Spuren von Selbst und Identität

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The group matters: an explorative study of group cohesion and quality of life in cancer patients participating in physical exercise intervention during treatment

Midtgaard, Julie, Rørth, M. R., Stelter, Reinhard & Adamsen, L. Ø., 2006, In: European Journal of Cancer Care. 15, 1, p. 25-33 9 p.

The impact of supervised exercise intervention on short-term postprogram leisure time physical activity level in cancer patients undergoing chemotherapy: 1- and 3-month follow-up on the body & cancer project

Midtgaard, Julie, Tveterås, A., Rørth, M. R., Stelter, Reinhard & Adamsen, L. Ø., 2006, In: Palliative & Supportive Care. 4, 1, p. 25-35 11 p.

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The impact of a multidimensional exercise program on self-reported anxiety and depression in cancer patients undergoing chemotherapy: a phase II study

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"At motionere og arbejde - det er det, der betyder noget i mit liv!": Om idræt og afhængighed

Stelter, Reinhard, 2005, In: Psyke & Logos. 26, 1, p. 153-172 20 p.

Coaching - Læring og Udvikling

Stelter, Reinhard (ed.), 2005, København: Dansk Psykologisk Forlag. 275 p.

Lærerens deltagelse i børns læring: Pædagogisk praksis i Naturklassen

Stelter, Reinhard, 2005, In: Nordisk Pedagogik. 25, 4, p. 357-371

New approaches to sport and exercise psychology

Stelter, Reinhard (ed.) & Roessler, K. K. (ed.), 2005, Oxford: Meyer & Meyer Sport. 192 p. (Sport & psyke; No. 30).

Sundhedskompetence

Stelter, Reinhard, 2005, *Det Nationale Kompetenceregnskab: Hovedrapport*. Hermann, S. (ed.). København: Undervisningsministeriet, p. 133-143 11 p.

Team - Udvikling og Læring

Stelter, Reinhard (ed.) & Bertelsen, M. (ed.), 2005, København: Dansk Psykologisk Forlag. 292 p. (Erhvervspsykologiserien). (Sport & psyke; No. 31).

The impact of a multidimensional exercise program on self-reported anxiety and depression in cancer patients undergoing chemotherapy: A phase II study

Midtgaard, Julie, Rørth, M. R., Stelter, Reinhard, Tveterås, A., Andersen, C., Quist, M., Møller, T. & Adamsen, L. Ø., 2005, In: Palliative & Supportive Care. 3, 3, p. 197-208

2004

Coaching: A medium for learning and developing

Stelter, Reinhard, 2004, In: Athletike Pshologia. 1, p. 17-27 11 p.

Embodiment & learning

Stelter, Reinhard, 2004, In: Agora. 6, 17 p.

Qualitative methods in sport sciences: A special FQS issue

Hunger, I., Sparkes, A. & Stelter, Reinhard, 2004, In: Historical Social Research-Historische Sozialforschung. 29, 3, p. 192-204 13 p.

2003

Coaching: lärande och utveckling

Stelter, Reinhard (ed.), 2003, Malmö: Liber. 237 p.

Future perspectives for a possible state-of-the-art in sport and exercise psychology

Stelter, Reinhard, 2003, *Sport Psychology in Europe: FEPSAC - an Organisational Platform and a Scientific Meeting Point*. Apitzsch, E. & Shilling, G. (eds.). Biel, Switzerland: FEPSAC / European Federation of Sport Psychology, p. 74-85 12 p. (FEPSAC Monograph Series, Vol. #2).

New Approaches to Exercise and Sport Psychology - Theories, Methods and Applications: Book of Abstracts. XIth European Congress of Sport Psychology, Copenhagen, 22-27 July 2003

Stelter, Reinhard (ed.), 2003, Copenhagen: Institut for Idræt, Københavns Universitet. 225 p.

Qualitative research in sport sciences: an introduction

Stelter, Reinhard, Sparkes, A. & Hunger, I., 2003, In: Forum Qualitative Sozialforschung. 4, 1, 5 p., 2.

2002

Bevægelsens betydning i børns identitetsudvikling: Teoretiske refleksioner og analyse af en case

Stelter, Reinhard, 2002, In: Nordic Psychology. 54, 2, p. 129-144 16 p.

Coaching: læring og udvikling

Stelter, Reinhard (ed.), 2002, København: Dansk Psykologisk Forlag. 275 p.

Hvad er vigtigt for børn at lære i idrætstimerne? Om fagformål, didaktik og realisering af idræt som fag i skolen

Rønholt, H. & Stelter, Reinhard, 2002, In: Kvan - et tidsskrift for læreruddannelsen og folkeskolen. 22, 62, p. 61-75 15 p.

Idræt: følelsernes rum

Stelter, Reinhard & Rønholt, H., 2002, In: Kvan - et tidsskrift for læreruddannelsen og folkeskolen. 22, 62, p. 106-117 12 p.

Kropskompetence

Stelter, Reinhard, 2002, *Nøglekompetencer: Forskerbidrag til Det Nationale Kompetenceregnskab. Dokumentationsrapport*. København: Undervisningsministeriet, p. 213-224 12 p.

Mellem verdensudforskning og iscenesættelse: legens betydning i børneidræt

Stelter, Reinhard, 2002, In: Psyke & Logos. 23, 2, p. 412-436 25 p.

2001

Coaching

Stelter, Reinhard, 2001, In: Leadingcapacity.

Coaching: situationsbestemt ledelse til udvikling og læring

Stelter, Reinhard, 2001, In: Leadingcapacity.

Omverdenspsykologi og idræt

Stelter, Reinhard, 2001, In: Sport og Psyke. 26-27, p. 9-10 2 p.

2000

Institute stellen sich vor: Arbeitsbereich Sportpsychologie in der Abteilung für Praxis, Pädagogik und Psychologie am Institut für Sportwissenschaft der Universität Kopenhagen

Stelter, Reinhard, 2000, In: Asp-Aktuell. 2, p. 4-6 3 p.

Motivation i idrætten

Stelter, Reinhard, 2000, In: Sport og Psyke. 23-24, p. 4-8 5 p.

The transformation of body experience into language

Stelter, Reinhard, 2000, In: Journal of Phenomenological Psychology. 31, 1, p. 63-77 15 p.

1999

Der Einfluss des Sports auf das Selbstkonzept von Kindern

Stelter, Reinhard, 1999, In: Sportunterricht. 48, 6, p. 243-249 7 p.

Krop og idræt i fritidspædagogikken

Stelter, Reinhard, 1999, In: Unge Pædagoger. 3/4, p. 24-30 7 p.

Med kroppen i centrum: idrætspsykologi i teori og praksis

Stelter, Reinhard, 1999, København: Dansk Psykologisk Forlag. 303 p.

Med kroppen i centrum - idrætspsykologi i teori og praksis

Stelter, Reinhard, 1999, In: Sport og Psyke. 20, p. 29-30 2 p.

1998

Idræt og behandling

Stelter, Reinhard, 1998, In: Sport og Psyke. 15-16, p. 8-9 2 p.

Psykologiske strategier til angstbekæmpelse

Stelter, Reinhard, 1998, In: Sport og Psyke. 18-19, p. 8-11 4 p.

Sport psychology research in Denmark

Stelter, Reinhard, 1998, *Current Nordic Sport Psychology Research: Proceedings of the Nordic Sport Psychology Meeting, May 26-27, 1998, Stockholm - Sweden*. Stockholm: Stockholm Sport Psychology Group, p. 3-5 3 p.

You are like your sport: Identity development through sport and exercise

Stelter, Reinhard, 1998, *Current Nordic Sport Psychology Research: Proceedings of the Nordic Sport Psychology Meeting, May 26-27, 1998, Stockholm - Sweden*. Stockholm: Stockholm Sport Psychology Group, p. 21-22 2 p.

1997

Fremtidens idrætspsykologi

Stelter, Reinhard, 1997, In: Sport og Psyke. 14, p. 7 1 p.

Rejseberetning fra University of Exeter

Stelter, Reinhard, 1997, In: Sport og Psyke. 14, p. 15-17 3 p.

Sport science conference in wonderful Copenhagen

Stelter, Reinhard, 1997, In: FEPSAC Bulletin. 2, p. 11-13 3 p.

1996

Du bist wie dein Sport: Studien zur Entwicklung von Selbstkonzept und Identität

Stelter, Reinhard, 1996, Schorndorf: Hofmann. 231 p. (Beiträge zur Lehre und Forschung im Sport; No. 112).

Fra den tavse til den diskursive bevidsthed: om problemerne med kroppen i forskning-processen

Stelter, Reinhard, 1996, In: Nyhedsbr-ev fra Center for kvalitativ metodeud-vikling. 19, p. 7-8 2 p.

Human science beyond form? Impressions from the 15th International Human Science Research Conference, August 14-17, 1996, in Halifax, Nova Scotia, Canada

Stelter, Reinhard, 1996, In: Nyhedsbr-ev fra Center for kvalitativ metodeud-vikling. 21, p. 6-8 3 p.

Hvordan forstår vi hinanden? Kommunikation gennem tale og kroppen

Stelter, Reinhard, 1996, In: Sport og Psyke. 12-13, p. 4-5 2 p.

Hvorfor lukker I af? Åbent brev til psykologigruppen i Danmarks Idræts-Forbunds udviklingsafdeling

Stelter, Reinhard, 1996, In: Sport og Psyke. 11, p. 3-4

Idræt & etik: Magt, moral, ansvarlighed

Stelter, Reinhard, 1996, In: Sport og Psyke. 9-10, p. 6 1 p.

Tværfaglighedens vanskelige kår: European College of Sport Science har afholdt sin første konference

Stelter, Reinhard, 1996, In: Sport og Psyke. 12-13, p. 4-4 1 p.

1995

En "systemisk" tilgang til teambuilding og gruppeprocesser

Stelter, Reinhard, 1995, In: Sport og Psyke. 8, p. 14-16 3 p.

Idræt: en niche i hverdagen

Stelter, Reinhard, 1995, In: Social kritik : tidsskrift for social analyse og debat. 39, p. 4-13 10 p.

Indlæring i bevægelse

Stelter, Reinhard, 1995, In: Sport og Psyke. 6-7, p. 5-6 2 p.

Oplevelse & iscenesættelse: identitetsudvikling i idrætten

Stelter, Reinhard, 1995, København: Institut for Idræt, Københavns Universitet. 212 p.

Teambuilding

Stelter, Reinhard, 1995, In: Sport og Psyke. 8, p. 10-10 1 p.

1994

Aflivelse af myten om idrætspsykologi

Stelter, Reinhard, 1994, In: Sport og Psyke. 5, p. 3-4 2 p.

Sport - a relation between performance and body experience

Stelter, Reinhard, 1994, In: International Journal of Physical Education : A Review Publication. 31, 4, p. 15-20 6 p.

1993

Lang og tro motion er det store problem

Stelter, Reinhard, 1993, In: Sport og Psyke. 2, p. 9-11 3 p.

1992

"No more narratives, please!" Beretning fra den 11. International Human Science Research Conference ved Oakland University, Rochester, Michigan, den 9.-13.6.1992

Stelter, Reinhard, 1992, In: Nyhedsbr-ev fra Center for kvalitativ metodeud-vikling. 11, p. 4-6 3 p.

1991

Idræt i bevægelse: humanistisk og samfundsvidenskabelig idrætsteori

Ibsen, B., Jørgensen, P., Stelter, Reinhard & Trangbæk, Else, 1991, København: Gad. 159 p.

1990

Les tendances nouvelles dans le sport et l'education physique

Stelter, Reinhard, 1990, In: Revue Education Physique et Sport. 221, p. 36-37 2 p.

1988

Expressives Bewegun: Schon in der Grundschule

Stelter, Reinhard, 1988, In: Grundschule. 20, 3, p. 38-40 3 p.

Folk high school in Denmark and the inclusion of sport and movement

Stelter, Reinhard, 1988, In: International Journal of Physical Education : A Review Publication. 25, 1, p. 33-40 8 p.

1986

Skilaufen im Hier und Jetzt

Stelter, Reinhard, 1986, In: Sportpädagogik. 10, 8, p. 33-36 4 p.

1985

Körperausdruck in Bewegung und Tanz: Eine Unterrichtseinheit in einem gemischten Oberstufenkurs "Gymnastik"

Stelter, Reinhard, 1985, In: Sportunterricht. 34, 3, p. 100-107 8 p.

1983

Nachlese zu einem Unterrichtstagebuch

Stelter, Reinhard, 1983, In: Sportpädagogik. 7, 5, p. 30-33 4 p.

1978

Überlegungen und Vorschläge zu einer spielnahen Lehrweise im Hand-ballspiel

Stelter, Reinhard, 1978, In: Lehrhilfen fuer den Sportunterricht. 27, 11, p. 161-164 4 p.