

Table of Contents

Preface.....	I
Acknowledgements.....	II
Summary	IV
Resume.....	VI
List of abbreviations.....	VIII
1. Introduction.....	1
1.1 Impact of exposure and compliance markers in nutrition research	1
1.2 What defines a good exposure marker?	2
1.3 Metabolomic fingerprinting as a tool for marker discovery.....	3
1.4 Nutrimetabolomic studies on exposure and compliance.....	5
1.5 The New Nordic Diet	7
2. Objectives.....	11
2.1 Focus areas and limitations	11
3. Studies analyzed.....	13
3.1 Design of MEAL.....	13
3.2 Design of FOOD	13
3.3 Design of INTER.....	14
4. Analytical strategies applied	15
4.1 Data preprocessing and -treatment	16
4.1.1 Preprocessing.....	16
4.1.2 Normalization	17
4.1.3 Data reduction.....	20
4.2 Statistical analyses.....	20
4.2.1 Multivariate analysis (PCA and PLS-DA)	20
4.2.2 Univariate analysis.....	21
4.3 Feature validation	22
5. Application of untargeted metabolomics for discovery of exposure markers	25
5.1 Summary and discussion of results from Paper I and II on exposure markers	25
5.1.1 Known relation to the exposure	29
5.1.2 Sensitivity and specificity.....	30
5.1.3 Dose-response.....	32

5.1.4 Inter-individual variation	32
5.1.5 Time of exposure	33
5.1.6 Population	34
5.1.7 Summary of the validity of exposure marker findings in Paper I and II	34
5.2 Unidentified PEMs	36
6. Application of untargeted metabolomics for development of compliance measures	37
6.1 Summary of the compliance model developed in Paper III.	37
6.2 Limitations of the PLS-DA model for compliance	38
6.3 Analysis of misclassified samples in the PLS-DA model.....	39
6.3.1 Distribution and completeness of urine samples	40
6.3.2 Person characteristics and registered foods collected from the shop	41
6.3.3 Biological measures.....	44
6.3.4 Exposure markers of individual foods.....	45
6.4 Validation of the compliance model by evaluation of misclassified samples.....	48
7. Conclusions	51
7.1 Untargeted metabolomics applied for discovery of PEMs.....	51
7.2 Untargeted metabolomics applied for estimating compliance	51
8. Perspectives.....	53
8.1 Unresolved questions	53
8.2 The next step	54
References	57
Appendices.....	67
Appendix A: Information on individual samples in the misclassified and selected correctly classified NND and ADD groups	
Appendix B: List of papers	
Appendix C: Author contributions to the papers	
Appendix D: Paper I	
Appendix E: Paper II	
Appendix F: Paper III	