
LIST OF PUBLICATIONS

The PhD thesis includes the following publications:

- Paper I** Engel S, Tholstrup T. **Butter increased total and LDL cholesterol compared with olive oil but resulted in higher HDL cholesterol compared with a habitual diet.** *Am J Clin Nutr.* 2015;102(2):309-315. doi:10.3945/ajcn.115.112227.
- Paper II** Engel S, Elhauge M, Tholstrup T. **Effect of whole milk compared with skimmed milk on fasting blood lipids in healthy adults: a 3-week randomized crossover study.** *Eur J Clin Nutr.* 2017. Dec 11. [Epub ahead of print] doi:10.1038/s41430-017-0042-5.
- Paper III** Engel S, Tholstrup T, Bruun JM, Astrup A, Richelsen B, Raben A. **Effect of high milk and sugar-sweetened and non-caloric soft drink intake on insulin sensitivity after 6 months in overweight and obese adults: a randomized controlled trial.** *Eur J Clin Nutr.* 2017 Nov 15 [Epub ahead of print] doi:10.1038/s41430-017-0006-9.